

NENE VALLEY PRIMARY SCHOOL

PSHE & CITIZENSHIP POLICY

"PSHE provides schools with a unique opportunity to support children and young people by giving them the skills they need in their personal lives to make informed decisions and take responsibility for their health and well being." Frances Perrow 2003

Introduction

PSHE, Citizenship and Sex and Relationship education (SRE) covers a wide range of topics, from helping children to cope with divorce, loss or change, to specific health and social issues such as drug, tobacco or alcohol awareness. At Nene Valley Primary School we encourage our children to play a positive role in contributing to the life of the school and the wider community. In so doing we help develop their sense of self worth. We aim to provide our children with the skills to become positive members of a diverse and multicultural society.

Aims of PSHE

The aims of Personal, social and health education and Citizenship are to enable the children to:

- know and understand what constitutes a healthy lifestyle;
- be aware of safety issues;
- have respect for others;
- be independent and responsible members of the school community;
- be positive and active members of a democratic society;
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- understand what makes for good relationships with others;
- develop good relationships with other members of the school and the wider community.

Organisation and Planning

At Nene Valley Primary School the majority of our PSHE and Citizenship teaching is based around the Peterborough and Cambridgeshire scheme of work. Staff use and adapt the lessons to suit the individual needs of their class. We teach PSHE in a variety of ways. We place an emphasis on active learning by including the children in discussions, investigations, role play and problem-solving activities. We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly or open day/evening, or involvement in an activity to help other individuals or groups less fortunate than themselves. We organise classes in such a way that pupils are able to participate in discussions to resolve conflicts or set agreed classroom rules of behaviour. We offer children the opportunity to hear visiting speakers, such as health workers, police, and representatives from the local community, whom we invite into the school to talk about their role in creating a positive and supportive local community.

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We also introduce PSHE and citizenship through other subjects, particularly geography and science (e.g. when teaching about local environmental issues in geography, we investigate who is responsible for the upkeep of the local area.) As there is a large overlap between the programme of study for religious education and the aims of PSHE and citizenship, we teach a considerable amount of the PSHE and citizenship through our religious education lessons.

We also develop PSHE and Citizenship through special activities and whole-school events, e.g. World Book Day and assemblies. We offer the opportunity for a residential visit in Key Stage 2, where there is a particular focus on developing pupils' self esteem and giving them opportunities to develop leadership and co-operative skills.

P S.H.E in the Early Years Foundation Stage

We teach PSHE and citizenship in reception as an integral part of the topic work covered during the year. As the reception class is part of the Early Years Foundation Stage Curriculum, we relate the PSHE and citizenship aspects of the children's work to the objectives set out in the Early Learning Goals (ELGs). Our teaching in PSHE and citizenship matches the aim of developing a child's personal, emotional and social development as set out in the ELGs. We also support citizenship education in reception classes when we teach 'the development of a child's knowledge and understanding of the world'.

Teaching PSHE and Citizenship to children with special needs

We teach PSHE and citizenship to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children with learning difficulties. When teaching PSHE and citizenship we take into account the targets set for the children in their Individual Education Plans (IEPs).

Assessing PSHE

Teachers assess the children's work in PSHE and citizenship both by making informal judgements as they observe them both during lessons and at play and by doing formal assessments of their work, measured against the specific learning objectives set out in the National Curriculum. We have clear expectations of what the pupils will know, understand and be able to do at the end of each key stage.

Specific issues-SRE (Sex and Relationship Sex education)

PSHE and Citizenship provide a framework for exploring religion, faith, sex, sexuality and relationships and SRE is an integral part of this process. Through PSHE children learn how to develop their confidence and skills to be able to explore their values and attitudes.

SRE begins in the early years. The early learning goals lay the foundations for emotional and social development. By the end of KS1 children should be able to recognise similarities

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and differences between themselves and others, treat others with sensitivity and know how their feelings and actions will impact on others. By the end of KS2, children should be able to see things from different perspectives and have thought about the diversity of values and customs in the school and community.

SRE is one of the key themes alongside drug education, safety, physical activity and emotional health and well-being. Healthy schools work with children, parents, carers and staff to develop activities that will support improvements in health and the raising of education standards. This is done within both the formal curriculum and the general ethos and climate of the school.

For more detail regarding SRE at Nene Valley Primary School please read the relevant policy.

Monitoring and review

The PSHE and citizenship subject leader is responsible for monitoring the standards of children's work and the quality of teaching. The subject leader supports colleagues in the teaching of PSHE and citizenship, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school.