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Weeks Commencing: 1st May, 5th June & 3rd July



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Breaded Chicken Burger with Potato Wedges 	Pork Sausages with New Potatoes and Gravy	Sliced Gammon with Roast Potatoes	Macaroni Cheese with Garlic Bread   	Breaded Fish Portion with Chips  
	Vegan Chicken Burger with Potato Wedges  	Vegan Sausage with New Potatoes Meat Free Gravy	Vegan Meatloaf with Roast Potatoes & Meat Free Gravy 		Vegetable Fingers with Chips 
Vegetables	Baked Beans	Broccoli	Carrots	Sweetcorn	Peas
Dessert	Strawberry Cheesecake  	Fruit Jelly	Apple Crumble with Custard  	Chocolate & Raspberry Muffin   	Banana Flapjack with a Milk Drink  
	Fresh Fruit Available Daily				

All meals are prepared fresh on the day using local fresh products when possible

No nuts are present in any of our meals or in the preparation area, however some meals contain the following (a full list of allergens can be requested):



Celery



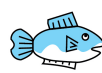
Wheat



Milk



Eggs



Fish



Sulphites



Mustard



Soya



Barley



Oats