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Weeks Commencing: 8th May, 12th June & 10th July



Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Pork Spaghetti Bolognese 	Curried Turkey Mince with Wholegrain Rice	Chicken & Sweetcorn Pie with Roast Potatoes & Gravy 	Cheese Pizza with Hash Brown Nuggets  	Fish Burger in a Bun with a Sauce Portion  
	Vegetarian Spaghetti Bolognese  	Vegetable Curry with Wholegrain Rice	Cheese & Broccoli Quiche with Roast Potatoes   		Vegetable Burger in a Bun with a Sauce Portion 
Vegetables	Diced Carrots	Sweetcorn	Cauliflower	Spaghetti Hoops	Peas
Dessert	Raspberry Instant Whip 	Carrot Cookie with a Milk Drink  	Summer Fruit Sponge with Pink Custard   	Surprise Chocolate Cake with a Milkshake Drink   	Fruit Yoghurt 
	Fresh Fruit Available Daily				

All meals are prepared fresh on the day using local fresh products when possible

No nuts are present in any of our meals or in the preparation area, however some meals contain the following (a full list of allergens can be requested):



Celery



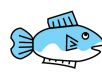
Wheat



Milk



Eggs



Fish



Sulphites



Mustard



Soya



Barley



Oats