



Nene Valley Primary School

PSHE CURRICULUM MAP

	Phase 1/2		Phase 3/4		Phase 5/6	
	Cycle A	Cycle B	Cycle A	Cycle B	Cycle A	Cycle B
Autumn	<p>MMR My Emotions <i>How do I manage my feelings?</i></p> <p>E-safety <i>What would Woody's online profile be?</i></p>	<p>MMR Beginning and Belonging <i>How do I deal with new experiences?</i></p> <p>E-safety <i>What would my online profile be?</i></p>	<p>MMR - My Emotions <i>How do I manage my own emotions</i></p> <p>E-safety <i>Contexts Password safety.</i></p>	<p>MMR- Beginning & belonging <i>How do I manage my feelings in a new situation?</i></p> <p>E-safety <i>Can we make friends online?</i></p>	<p>M&MR - My Emotions <i>How and from whom do I get support when things are difficult?</i></p> <p>E-safety <i>Would Harry Potter post that?</i></p>	<p>MMR Beginning and Belonging <i>What helps me to be resilient in new situations?</i></p> <p>E-safety <i>Would I like a parent to read that?</i></p>
	<p>Citizenship - Diversity and community <i>What does 'community' mean and what does it feel to be part of it?</i></p>	<p>Citizenship Working together <i>Why do we have rules? How do I work with others?</i></p>	<p>Citizenship - Diversity and Communities <i>How do people in my locality benefit from being part of different groups?</i></p>	<p>Citizenship - Rights, Rules & Responsibilities <i>What do we mean by rights and responsibilities?</i></p>	<p>Citizenship- Diversity & Communities <i>How and why should I show respect for to those with different lifestyles, beliefs and traditions?</i></p>	<p>Citizenship - Rights rules and responsibilities <i>How does democracy work in our community and in our country?</i></p>
	<p>MMR Antibullying <i>How do you deal with a bully?</i></p> <p>Digital Lifestyles <i>How do I keep myself safe online?</i></p>	<p>MMR - Family and Friends <i>Who are my special people and how can we support each other?</i></p>	<p>MMR - Anti bullying <i>What are different ways people can be bullied?</i></p> <p>H&SL Digital Lifestyles <i>What does it mean to show respect online and how can I or others be affected by what is written by others?</i></p>	<p>MMR - Family & Friends <i>What is a healthy friendship?</i></p>	<p>MMR Anti-Bullying <i>How might different groups experience different types of bullying. What can I do to help victims?</i></p> <p>Digital Lifestyles <i>Can I use the online world safely and understand the effects it has on my mental and physical health and those of others?</i></p>	<p>MMR- Family & Friends <i>Who are in my 'networks' on and offline, how have these changed over time and how do we support each other?</i></p>



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Spring	Citizenship - Working Together <i>How do I work with others?</i>	HSL Managing safety and risk <i>How can I keep myself safe?</i>	Citizenship - Working Together <i>How can I work well in a group?</i>	HSL Managing safety and risk <i>What should I do in a risky situation and how might my friends affect my decisions?</i>	Citizenship - Working Together <i>What would I like to improve and how can I achieve this?</i>	HSL Managing safety and risk <i>What are the possible benefits and consequences of taking physical, emotional and social risks?</i>
	HSL - Healthy Lifestyles <i>How can I stay healthy?</i>	Economic Wellbeing Financial Capacity <i>Where does money come from and how can I use it sensibly?</i>	HSL - Healthy Lifestyles <i>How do I make healthy choices?</i>	Economic Wellbeing Financial Capacity <i>What do saving, spending and budgeting mean to me?</i>	HSL - Healthy Lifestyles <i>What are the different aspects of a healthy lifestyle and how could I become healthier?</i>	Economic Wellbeing Financial Capacity <i>What is financial planning and why is it important for me?</i>



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Summer	H&SL Drug Education <i>What are drugs and how do I keep myself safe from them?</i>	H&SL - Personal Safety <i>Who can I trust if I have a problem?</i>	H&SL Drug Education <i>Why do some people need medicines and who should prescribe them?</i>	H&SL - Personal Safety <i>How do I decide if a secret is safe or unsafe?</i>	H&SL Drug Education <i>What is drug misuse?</i>	H&SL - Personal Safety <i>How can I assess risk and help me to feel safe in different situations?</i>
	H& SL RSE <i>How have I changed since I was a baby?</i>	H&SL RSE <i>How do I keep my body clean and protected? What are the different parts of my body?</i>	H&SL - RSE 1 &2 <i>What can my body do and how is it special?</i>	H&SL - RSE 1 &2 <i>What are the main stages of the human life cycle?</i>	Y5 H&SL – RSE <i>What happens to our bodies during puberty?</i> Y6 H&SL – RSE <i>How are babies formed?</i>	Y5 H&SL – RSE <i>What happens to our bodies during puberty?</i> Y6 H&SL – RSE <i>How are babies formed?</i>
	MMR Managing change <i>How can I deal with changes in my life?</i>		MMR - Managing Change <i>What helps me when I am experiencing strong emotions due to loss or change?</i>		MMR - Managing Change <i>How can I manage the changing influences and pressures on my friendships and relationships?</i>	