

Success for All



Sugar Way, Peterborough, PE2 9RT

Phone: (01733) 897517

Email: office@nenevalleyprimary.net

Website: www.nenevalleyprimary.net

Acting Headteacher: Mr Nicholas File, B.Sc. (Hons)

Dear Parents/ Carers

We are writing to inform you that your child will starting their PSHCE (Personal, Social, Health and Citizenship Education) unit for RSE (Relationships and Sex Education) in the coming weeks. During these sessions your child will be learning about their body, how to keep it safe and how they change as they grow up.

What will my child be taught?

Each phase will follow age-appropriate planning for their age and development stage. Please note that at no point will a child be taught something that is inappropriate and if a question arises and the teacher feels it would be inappropriate to answer (for example because it is of a more mature nature) the child will be encouraged to ask his/her parents or carers at home and the question will not be answered to the child or class if it is outside the remit of that year group's programme.

The PSHCE units that will be taught are:

- Year 1/2: **What are the names of the different parts of my body?**
- Year3/4: **What are the main stages of the human life cycle?**
- Year 5: **What happens to our bodies during puberty?**
- Year 6: **What happens to our bodies during puberty? How are babies formed?**

All lessons are taught using simple, child friendly language and pictures and possibly videos, which help children understand the changes more effectively. The Cambridgeshire PSHE scheme which we follow, focusses on the emotional development and keeping safe as well as the biological facts that the children need to know. We feel these are really important skills to help keep children safe and it helps them to make healthy decisions later in life. Accurate information is important but only part of the picture: helping your child now by building their inner confidence and knowledge so they become mindful and respectful children and adults who can make considered and informed decisions.

We feel it is important for you to know that we will be teaching these units so you can be prepared for any questions that you receive from your child. We also feel that it is important for safe guarding reasons that all our children are able to disclose any behaviour or actions of others that would put themselves or others at risk.

If you would like to see the scheme that we are following please contact your child's class teacher.

Thank you for your ongoing support

Miss Gilbert
PSHCE Leader

