















Autumn 2021 Menu

Weeks Commencing: 6th September & 4th October

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Pork Sausage in a Roll with a Tomato Sauce Portion 	Mild Chicken Curry with Wholegrain Rice & Naan Bread  	Roast Turkey in Gravy with Roast Potatoes	Cheese & Tomato Pizza with Potato Puffs  	Breaded Fish Fingers with Chips  
Meat Free Meal	Vegetarian Sausage in a Roll with a Tomato Sauce Portion 	Vegetable Curry with Wholegrain Rice & Naan Bread 	Vegetable Slice with Roast Potatoes 		Breaded Vegetable Fingers with Chips 
Vegetables	Sweetcorn	Mixed Seasonal Vegetable	Diced Carrots	Carrot & Cucumber Sticks	Garden Peas
Dessert	Carrot Cookie with a Milk Drink   	Banana & Apricot Flapjack with a Juice Drink  	Apple Crumble with Custard  	Iced Fruit Smoothie	Cheese & Biscuits  

Fruit will be available in all classrooms

All meals are prepared fresh on the day using local fresh products when possible

No nuts are present in any of our meals or in the preparation area, however some meals contain the following (a full list of allergens can be requested):



Celery



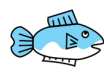
Wheat



Milk



Eggs



Fish



Sulphites



Mustard



Soya



Barley



Oats