

## Changes to Isolation Periods

The isolation period is still 10 days but can be reduced to **5 full days** (as long as your child is well enough and without a temperature) and receives **2 consecutive negative** LFD results. The earliest they should take the first LFD test is on day 5.

Any **positive test** after a first **negative test** would mean that the first negative is **null and void**. This would **reset** the isolation period and your child would still require 2 consecutive negative tests from this point forward. You must register results with the [NHS Website here](#) and you must e-mail both those results to school. You can order a pack of [LFD tests here](#).

Anyone who tests positive must isolate for a full 5 days.

Scenario 1 A negative test on Day 5 and then Day 6. Isolation ends on Day 6 once the 2<sup>nd</sup> LFD test is negative.

| Day Zero | Day 1 | Day 2 | Day 3 | Day 4 | Day 5        | Day 6        | Day 7 | Day 8 | Day 9 | Day 10 |
|----------|-------|-------|-------|-------|--------------|--------------|-------|-------|-------|--------|
|          |       |       |       |       | Negative LFD | Negative LFD |       |       |       |        |

Day Zero is the day symptoms started *or* the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.

Anyone who tests positive must isolate for a full 5 days.

Scenario 2 A negative test on Day 6 and then Day 7. Isolation ends on Day 7 once the 2<sup>nd</sup> LFD test is negative.

| Day Zero | Day 1 | Day 2 | Day 3 | Day 4 | Day 5        | Day 6        | Day 7        | Day 8 | Day 9 | Day 10 |
|----------|-------|-------|-------|-------|--------------|--------------|--------------|-------|-------|--------|
|          |       |       |       |       | Positive LFD | Negative LFD | Negative LFD |       |       |        |

Day Zero is the day symptoms started *or* the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.

Anyone who tests positive must isolate for a full 5 days.

Scenario 3 A negative test on Day 7 and then Day 8. Isolation ends on Day 8 once the 2<sup>nd</sup> LFD test is negative.

| Day Zero | Day 1 | Day 2 | Day 3 | Day 4 | Day 5        | Day 6        | Day 7        | Day 8        | Day 9 | Day 10 |
|----------|-------|-------|-------|-------|--------------|--------------|--------------|--------------|-------|--------|
|          |       |       |       |       | Positive LFD | Positive LFD | Negative LFD | Negative LFD |       |        |

Day Zero is the day symptoms started *or* the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.

Anyone who tests positive must isolate for a full 5 days.

Scenario 4 A negative test on Day 8 and then Day 9. Isolation ends on Day 9 once the 2<sup>nd</sup> LFD test is negative.

| Day Zero | Day 1 | Day 2 | Day 3 | Day 4 | Day 5        | Day 6        | Day 7        | Day 8        | Day 9        | Day 10 |
|----------|-------|-------|-------|-------|--------------|--------------|--------------|--------------|--------------|--------|
|          |       |       |       |       | Positive LFD | Positive LFD | Positive LFD | Negative LFD | Negative LFD |        |

Day Zero is the day symptoms started *or* the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.

Anyone who tests positive must isolate for a full 5 days.

Scenario 5 A negative test on Day 9 and then Day 10. Isolation ends on Day 10 once the 2<sup>nd</sup> LFD test is negative.

| Day Zero | Day 1 | Day 2 | Day 3 | Day 4 | Day 5        | Day 6        | Day 7        | Day 8        | Day 9        | Day 10       |
|----------|-------|-------|-------|-------|--------------|--------------|--------------|--------------|--------------|--------------|
|          |       |       |       |       | Positive LFD | Positive LFD | Positive LFD | Positive LFD | Negative LFD | Negative LFD |

Day Zero is the day symptoms started *or* the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.

Anyone who tests positive must isolate for a full 5 days.

Scenario 6 Isolation will end at 11:59pm on day 10 so no need to test as child can return on Day 11.

| Day Zero | Day 1 | Day 2 | Day 3 | Day 4 | Day 5        | Day 6        | Day 7        | Day 8        | Day 9        | Day 10 |
|----------|-------|-------|-------|-------|--------------|--------------|--------------|--------------|--------------|--------|
|          |       |       |       |       | Positive LFD | Positive LFD | Positive LFD | Positive LFD | Positive LFD |        |

Day Zero is the day symptoms started *or* the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.

In any scenario, the isolation period can only end if your child no longer has a high temperature. This applies even if they have tested negative twice. If children still have a high temperature after Day 10, they should stay off school and seek medical advice such as contacting your GP or phoning 111.